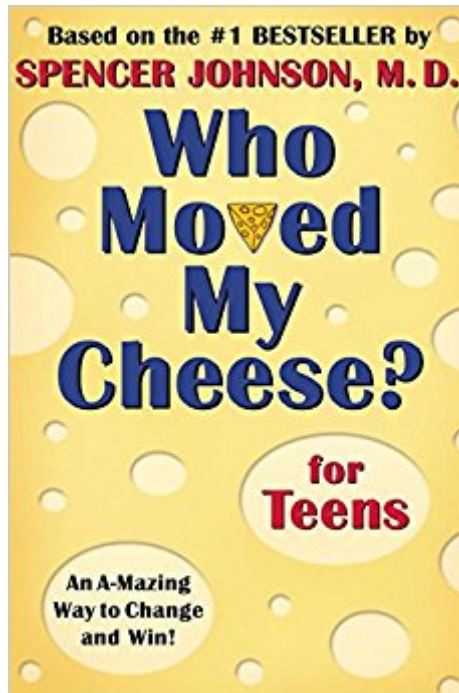




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# Who Moved My Cheese? For Teens



## Synopsis

Help a teen you know deal with the changes in his or her life with the book that has helped so many others. ?Cheese? is a metaphor for what you want in life and the book gives teens a fun vocabulary and way to understand change and move forward in their lives.

## Book Information

Lexile Measure: 880L (What's this?)

Hardcover: 96 pages

Publisher: G.P. Putnam's Sons Books for Young Readers; 1 edition (October 28, 2002)

Language: English

ISBN-10: 0399240071

ISBN-13: 978-0399240072

Product Dimensions: 5.8 x 0.4 x 8.6 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 3,468 customer reviews

Best Sellers Rank: #44,136 in Books (See Top 100 in Books) #9 in [Books > Teens > Personal](#)

[Health > Maturing](#) #14 in [Books > Teens > Personal Health > Body, Mind & Spirit](#) #17

in [Books > Teens > Education & Reference > Reference](#)

Age Range: 12 and up

Grade Level: 7 and up

## Customer Reviews

Having a million-plus copies of the bestselling *Who Moved My Cheese?* in print hasn't stopped Spencer Johnson, (The One Minute Manager) from repackaging his homily about adapting to life changes for a teenage audience. The core of this teen book--a cheesy (literally) allegory about four characters navigating a maze in pursuit of happiness (cheese) with varying success--is identical to the cheese-quest story told in Johnson's grownup book. The only difference is that the opening and closing backstory that pads out *Who Moved My Cheese?* for Teens involves a group of teenagers kibbutzing in the cafeteria, not a group of adults attending their high school reunion. Of course, it's hard to argue with the essence of Johnson's commonsense message: one of the few constants in life is change, and the sooner we learn to anticipate and adjust to change, the happier we'll be. But most criticisms of the book (and there have been many) boil down to the fact that *Cheese* is just too reductive and simplistic, and sometimes change in our lives can and should be resisted. (It hasn't helped that the book's popularity among corporate managers has come to be associated with

layoffs... er, cheese removals.) But whatever your take on Johnson's philosophy, you'd do well to keep it to yourself. Otherwise, you can count on your teenager to form the exact opposite opinion. (Ages 12 and older) --Paul Hughes

Spencer Johnson, M.D., adapts his bestselling adult title for a teenage audience, in *Who Moved My Cheese? for Teens*. Here a teenage student presents the parable (identical to that featured in the adult version) in the high school cafeteria: two mice and two "Littlepeople" (Hem and Haw) who search for cheese in a maze and react to change in distinctly different ways ("The Cheese stands for whatever's important to you like getting on a team, having a boyfriend or girlfriend, getting into college..."). In a concluding discussion, the friends apply the parable to specific situations in their lives. The author's message about the importance of anticipating, accepting and using change to improve one's life can surely benefit this audience. Ages 10-up. Copyright 2002 Reed Business Information, Inc.

Good book to read that applies today as it does to the past. This book could be good advice to read, for anyone who needs to make a serious decision about their future in what to do next, should I continue business as usual or change my direction.

Highly recommend this book for people going through change. very eye opening and easy to follow. Good for a wide range of people and positions.

Nice little book. Shows you who you truly are in the real world. You fall into one of four characters or a mix of two or more. I enjoyed the book and have asked my children to read it for business world preparation.

If you're worrying about changing your life or job because of fear of the unknown or you're stuck with the "Golden Handcuffs" you really need to read this book. It's explained so simply and is not a lengthy read. It changed my life!

This is my second time reading this book. I have more truths this go around than the first. I recommend reading this book periodically just to remind yourself of the principles you learned and to gain new insights for your situation(s) whether professional and/or personal!

It is a short story like a children's story, but with a very important lesson. It is one of my top favorite books.

I love this book and often give it as a gift for people with life changes. I also reread periodically when I am going through a tough change.

Great book for managers to share with staff when times seem bad, or they need a lift.

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